

## How accurate is the screening questionnaire?

- This evidence-based screening tool was developed by Massachusetts General Hospital. Research has concluded that it is effective in identifying youth with possible emotional problems.
- However, the screening results are not a medical diagnosis. Medical diagnoses are beyond the scope of the Connected Community Wellness Screen program.

## Can I see the questionnaire?

- Yes. If you wish to review the PSC-Y questionnaire, go to: [www.massgeneral.org](http://www.massgeneral.org) "Treatment & Services" tab.
- To view the additional questions related to suicide intent, suicide risk and alcohol and substance abuse; the assent form your child will be asked to sign prior to his/her participation in the program; and any instructional materials related to the screening, please contact Jen Parsons at 920-886-9319 ext. 109.

## Where does Connected Community Wellness Screen get its support?

- The program is supported by your school district, and local foundations and donors.
- It is operated as a non-profit public service and accepts individual donations to help provide free screening services to local communities. The program receives no funding from pharmaceutical companies.
- Major funders include:
  - **Basic Needs Giving Partnership**
  - **Community Health Action Team**
  - **J. J. Keller Foundation**
  - **Mielke Family Foundation**
  - **United Way Fox Cities**

## Comments from Area Parents

- It was a great opportunity to see how my teen was doing.
- I was grateful for the opportunity to have my child screened. Nothing could be negative about a wellness screening.
- When I first received the phone call regarding my child, I was shocked and upset. But after talking with screening staff, I felt much better. I didn't know my child had a problem ... she hid it well. Keep up the good work.

## Connected Community Wellness Screen Fox Cities Partners

- ACES/Xavier
- Affinity Behavioral Health
- Appleton Area School District
- A Single Step Counseling
- Boys & Girls Clubs of the Fox Valley
- Catalpa Health
- CHAPS Academy
- Family Services of Northeast WI
- Full Circle Counseling
- Get Connected Counseling
- Growing Tree Counseling
- Healthy Connections
- Kaukauna Area School District
- Lawrence University
- Local EAPs
- Lutheran Social Services
- NEW Mental Health Connection
- NEW Wellness Associates
- NAMI Fox Valley
- Options
- Outagamie County Health and Human Services
- Partnership Community Health Center
- PATH (Providing Access to Healing)
- Psychology Associates of the Fox Valley
- Samaritan Counseling Center
- Sexual Assault Crisis Center
- Tree of Life Counseling
- **For a complete list visit our website:**  
[www.samaritan-counseling.com/wellness-screen/](http://www.samaritan-counseling.com/wellness-screen/)



# Connected Community WELLNESS SCREEN

*BWell2Excel*

Since 2012

### Contact Information:

Hannah Episcopo, MA, LPC  
Site Coordinator/Case Manager  
[hepiscopo@samaritan-counseling.com](mailto:hepiscopo@samaritan-counseling.com)

Tamara Marquardt, CSW  
Site Coordinator/Case Manager  
[tmarquardt@samaritan-counseling.com](mailto:tmarquardt@samaritan-counseling.com)

Jen Parsons, BA  
Program Coordinator  
920-886-9319 ext. 109  
[jparsons@samaritan-counseling.com](mailto:jparsons@samaritan-counseling.com)

## **Youth mental health is important.**

- As parents you are aware that the physical and mental health of young people plays a key role in their ability to succeed in school, have rewarding relationships with family members and friends, and lead productive and happy lives.
- Your School District is committed to working with you, not only to educate your children, but to ensure that they reach their full potential inside and outside of the classroom.
- We are offering freshmen students the opportunity to participate in an emotional wellness check-up called the Pediatric Symptom Checklist-Youth Self-Report (PSC-Y)
- The PSC-Y is a nationally-recognized screening tool developed by Massachusetts General Hospital to identify risk factors associated with depression, anxiety, alcohol and substance abuse and other conditions that are easily treated and often go undetected. The program is free and completely voluntary and confidential.
- The teen years are a time of tremendous change. The emotional Wellness Screen program can help parents better understand the changes their teens are experiencing. No matter what the result of your teen's screening, the program will provide you with important information.
- For most parents, this screening will reassure you that your teen is just experiencing typical "growing pains." For other parents, the screening can help you pinpoint a problem in its early stages, giving you the ability to secure needed help for your teen and reduce the chance that a more significant problem will develop in the future.

**Please read the brochure carefully and contact screening staff at 920-886-9319 ext. 109 if you have questions. You may also find more information online.**



## **How does Connected Community Wellness Screen work?**

- The screening takes place in a private setting at school.
- Your teen will not be screened without guardian permission.
- All screening results will be kept confidential, stored separately from academic records, and not shared with your teen's teachers.

## **There are three steps to the screening process:**

1. Teens complete a computerized questionnaire about physical health, symptoms of depression, anxiety, suicidal thinking and behavior, and use of drugs and alcohol.
2. Teens whose answers reveal a potential problem and teens who ask for help then meet with a trained mental health professional in private to determine if further evaluation would be helpful. Teens whose answers show they probably do not need help will meet briefly with program staff. During this conversation, teens may ask questions about the program and ask for help with any concerns the screening did not cover.
3. **You will be contacted by a case manager only if your teen meets with a mental health professional.** If this is the case, a case manager will share the overall results with you and discuss ways to get help for your teen. You will **not** be contacted if your teen is not found to need additional services.

Your school district contracts with Connected Community Wellness Screen to provide this screening at no cost, but does not provide further evaluation or treatment services. It is up to you to decide if you want to obtain any additional services for your teen. You may contact the screening staff for more information about health resources in your area.

## **Are my child's results confidential?**

- Yes, screening is confidential.
- In order to protect your child's privacy, his/her screening results and related files will not be stored with his/her academic records.
- Teachers will not be involved in the screening procedure.
- If program staff believes that your child is in some danger or is a danger to others, they will take action and notify appropriate personnel and/or necessary authorities.

## **What if I provide consent, but my child does not want to participate?**

- Because we believe screening should be voluntary, your child may refuse to participate or refuse to answer any questions during the screening.
- We will notify you if your child chooses not to participate in the screening.

## **Does the Connected Community Wellness Screen Program recommend treatment?**

- The Wellness Screen program and staff do not make treatment recommendations.
- All treatment decisions are made by families in close consultation with a health professional after the completion of the emotional wellness screen.
- Treatment recommendations are beyond the scope of the Connected Community Wellness Screen program.